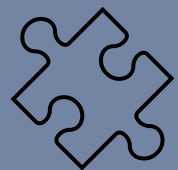


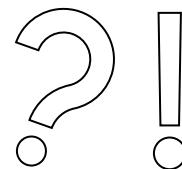
WHAT CAN I DO TO PREPARE FOR A CAREERS INTERVIEW



- ✓ What subjects (or topics) in your A-levels do you find most interesting or enjoyable?
- ✓ What skills and qualities do you think you have that could be useful in a professional setting or specific industries?
 - Have you completed any work experience/volunteering that might demonstrate some of these skills/qualities?
- ✓ Are there any extracurricular activities or hobbies that you are particularly passionate about?
- ✓ Are there any individuals (family, friends, mentors) whose careers or lifestyles you admire or find intriguing?
- ✓ Have you considered taking career aptitude or personality assessments to identify your strengths and interests?
- ✓ Are there specific industries or sectors that catch your attention, even if you're unsure about the exact role?
- ✓ What aspects of a job are most important to you – for example, creativity, problem-solving, helping others, or financial stability?
- ✓ Are you open to exploring different career paths through internships, job shadowing, or informational interviews?
- ✓ Have you researched potential careers to understand the day-to-day responsibilities and required skills?
- ✓ Are there any global issues or causes that you feel passionate about, which could guide your career choices?
- ✓ Would you be interested in seeking guidance from a career advisor or mentor to discuss your options and preferences?



CAREERS APPOINTMENT



WHAT TO EXPECT

The aim of a careers appointment is to help you move forward. It is not about telling you what to do or doing it for you! You can have as many appointments as you need.



YOUR APPOINTMENT CAN HELP YOU WITH

- ✓ Exploring the range of options available to you
- ✓ Researching where to look for information to support your decision-making
- ✓ Planning out your career ideas and putting them into practice
- ✓ Managing difficulties and setbacks with strategies such as back-up ideas
- ✓ Deciding on an action plan for you to work on

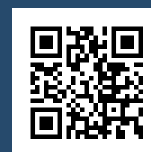


TIPS TO MAKE THE MOST OF YOUR CAREERS APPOINTMENT



- ✓ Write down what you want to discuss during the interview before you attend, including any specific questions.
- ✓ Discuss your career ideas with significant others, parents, friends.
- ✓ Make a list of things you are really good at, and things you like to do outside of college.
- ✓ Use internet resources such as UCAS and Unifrog or take the Pathways quiz.

UCAS



Unifrog



Pathways Careers Quiz

