



ENRICHMENT



ENRICHMENT
AT KING ED'S

WHAT IS ENRICHMENT?

At King Ed's, enrichment is at the heart of our educational experience. Our program offers students the chance to explore a diverse array of activities beyond the traditional curriculum. These activities are designed to develop character, resilience, and motivation, inspiring students to pursue broader goals. Through our enrichment activities, you can:

- **Learn New Skills:** Boost your confidence, build a sense of purpose, and connect with others. Acquiring new skills not only enhances your mental well-being but also equips you with tools for lifelong success.
- **Engage in Acts of Kindness:** Participate in activities that foster positive feelings, a sense of reward, and self-worth, while also helping you build connections with others.
- **Enjoy and Understand Life:** Take part in experiences that help you enjoy life more and gain a deeper understanding of yourself. These activities can positively change your outlook on life and how you approach challenges.
- **Build Good Relationships:** Form meaningful relationships that provide a sense of belonging and an opportunity to share positive experiences. Good relationships are crucial for emotional support and personal growth.
- **Stay Active:** Physical activity is not only beneficial for your physical health but also enhances your self-esteem and mood through positive chemical changes in the brain.

Our enrichment program aims to equip students with the tools to become well-rounded individuals. It provides opportunities to extend learning, explore new interests, and engage in activities that promote physical, cultural, and social development.



DO I HAVE TO SIGN UP FOR ENRICHMENT?

All Year 12 students have an exciting opportunity to enrich their learning experience with up to 20 hours of enrichment activities.

While this is a required part of your guided learning hours, it's a great way to explore new interests and skills!

However, if you're involved in any of the following college activities, These activities count towards your enrichment hours, provided you've auditioned, completed a trial, or previously signed up and been registered

College drama production (autumn term only)
College sports teams
College dance production
Music groups (choir, orchestra, etc.)
DOE (spring term only)
Operation Wallacea (spring term only)
ASPIRE (spring term only)

Remember, consistent participation is key! Repeated absences from enrichment activities will lead to an intervention, so make sure to stay engaged and make the most of these opportunities.

REGISTRATION

Registration opens twice a year: in September after the Freshers Fayre, and when we return in January after the Christmas break. If you're committed to a full-year course, you won't be able to register for a new club in January.

If you miss the registration window, don't worry we'll automatically allocate you to a club.

As you review the available clubs on the following pages, please ensure you have a couple of backup options ready, because we will ask you for your top three choices.

Enrichment is a fantastic opportunity to have fun, broaden your horizons, and meet new people. Enjoy and make the most of whatever you sign up for!

HOW DO I CHOOSE MY ENRICHMENT?

Explore Your Options

- You can view all available enrichment opportunities in the Enrichment Brochure, or via the impact section on the college portal —there are over 60 to choose from!
- Bookmark any that interest you ahead of the registration window opening after the Freshers' Fayre.

Pick Your Top Three

- When registration opens, log back onto the portal and sign up for three enrichment activities.
- These are allocated on a first-come, first-served basis, and your first sign-up will be taken as your first choice—so choose carefully!

Make It Count

- Think about whether you want to develop an existing interest or try something completely new. Enrichment is your chance to have fun, broaden your experience, and gain new skills outside the classroom.

Check Your Timetable

- Most enrichment takes place during Wednesday lunch, but some options run at other times. If you're choosing one of these, make sure it doesn't clash with any subject workshops or lessons.

“

It's the best enrichment ever" – Amazing

”

“

It has been positive as a break from the work we do in college.

”

REMEMBER

- Attendance is monitored; Enrichment is **NOT** optional!
- Some Enrichment's ask for a full academic year commitment
- Think carefully about your choice as changes will **ONLY** be accommodated in **EXTREME** circumstances



ACADEMIC AND CAREER ENRICHMENT



COLLEGE NEWSPAPER

Thinking about ways to expand your mind?

Last year we launched the college paper, the Campus Collective. It's an opportunity for you to have a voice to report on things that matter to you, be that covering topics associated with news, local or national, lifestyle, sports, politics or perspectives.

Writing for the Campus Collective can help you:

- Gain work experience and build your portfolio
- Learn to write / hone your writing skills
- Take on responsibility
- Learn time management
- Make new friends
- Build connections at college and in the community
- Build confidence
- Looks great on your CV

The paper isn't just for people who are interested in journalism, if you are interested in, editing or proof reading, marketing or social media we encourage you to register.

This year we are teaming up with the Young Reporter Scheme and will be giving three lucky students the opportunity to write for real live online newspapers. As well as provide opportunities to attend a multitude of press events in London including Monopoly Lifesize, Immersive Gamebox and London Dungeon.

If you want to join the newspaper, please complete the expression of interest on the college portal impact or complete our registration form using [this link](#).



PSYCHOLOGY IN THE MEDIA: EXPLORING MINDS BEHIND THE STORIES

Step into the world where psychology meets storytelling. Delve into books, films, and media to uncover the psychology that shapes characters and narratives. Discover how psychological theories illuminate motivations, behaviours, and relationships portrayed in popular culture. From analysing iconic characters to dissecting current news events, explore the fascinating intersection of psychology and media, where stories come alive through the lens of the human mind.

PSYCHOLOGY OF WEIRD THINGS

Why do people believe in ghosts, aliens, conspiracy theories, or psychic powers—even when there's no solid evidence? Are some of our strangest beliefs actually more common than we think? In this fascinating and thought-provoking enrichment, we'll dive into the weird side of psychology. Explore how our brains can trick us through cognitive biases, social influences, and perceptual errors. Each week we'll uncover the science behind the supernatural, the bizarre, and the downright irrational. Expect lively discussion, surprising insights, and plenty to make you question what you think you know!

ENTERPRISE PROJECT CHALLENGE

This club is **suitable for those NOT studying A-level business** it aims to develop essential life skills through an exciting enterprise challenge:

- Inspire entrepreneurship: Introducing students to entrepreneurship as a career path
- Explore entrepreneurial skills: Focus on resilience, adaptability, and innovative thinking
- Real-world problem-solving: Tackle challenges set by entrepreneurs
- Skill development: Enhance problem-solving, creativity, teamwork, and communication skills.

Participants gain practical experience and insights into entrepreneurship while honing crucial skills for future success.

STOCKS AND SHARES

Join our Shares and Investments Club to delve into the world of financial markets!

Explore the FTSE 100 and overseas stock exchanges by analysing companies like Tesco, M&S, and NVDA, and understanding the causes and consequences of share price movements.

Learn about commodities trading, focusing on assets like gold rather than company shares, and discover the foreign exchange (Forex) market, where currencies like USD/GBP are traded and currency pairs explained.

Throughout the club, you'll monitor share prices, commodities, and Forex movements—gaining valuable insights into global markets and investment strategies. Expand your financial knowledge and get ahead!

BAR MOCK

The Bar Mock Trial is a mooting competition. Students prepare to perform roles in two fictional cases. Parts include barristers, solicitors, defendant, witnesses, court staff, court reporter and even court artist. The enrichment sessions are for weekly practice leading to a competition against other schools and colleges, who will take the other side of the case..

A judge will decide the winner and runners up, usually at the Birmingham Crown Court on a Saturday in December.



UCAT

The University Clinical Aptitude Test (UCAT) is an admissions test, used by a consortium of UK and International Universities to help select applicants for their medical and dental degree programmes. It provides you with an opportunity to stand out from other applicants and demonstrate your aptitude for a demanding programme of study. The enrichment offered by the college helps students prepare for the online test.



Requirements: Potential Medical Dental or Veterinarian Medical students (specific universities e.g. Oxford and Cambridge)

SPRING CLUB

MFL – PRIMARY SCHOOLS LINK

This project offers hands-on teaching experience in a primary school. No prior language knowledge is required, though it's beneficial if you have some, like a GCSE or a home language. Since all primary schools must teach languages, this project can give you a competitive edge.

Over two college sessions on a Wednesday afternoon in spring, we'll cover the Key Stage Two Modern Languages curriculum. If necessary, I'll teach you the language needed for short activities with the pupils.

We'll discuss and develop engaging, educational teaching ideas, which you'll deliver in the primary school. This project is especially useful for those considering a career in primary school teaching.

You must be available during Wednesday afternoon for a primary school visit in June.



ART HISTORY

Explore the stories behind great art in a relaxed, accessible way. In this enrichment, you'll discover and discuss paintings, sculpture, and architecture from across history, learning what shaped your favourite artistic movements and the artists behind them.

This is perfect for anyone curious about art history—especially if you don't currently study it—and offers a low-pressure environment to deepen your understanding and appreciation of art through time.



THE ECON FORUM

A reading and discussion group for students interested in the big ideas shaping our world. Each week, we'll explore current news stories, economic trends, and global issues—digging into topics at the intersection of economics, politics, finance, management, and international relations. Perfect for students considering university study in these areas.

THE CTRL ROOM – CREATE. TEST. REDESIGN. LEARN

Develop your problem-solving, creativity, and programming skills through fun, hands-on challenges. We'll explore how code can be used to tackle real-life problems—all in a relaxed, friendly environment (with biscuits provided!).

Whether you're just starting out or already have some experience, this enrichment is a great place to learn, experiment, and build your confidence with coding. Everyone welcome!



MEDIEVAL HISTORY CLUB

Step back in time and explore the history of the world between the years 500–1500. From daring Viking explorers and medieval knights to powerful caliphs and Mongol warlords, you'll uncover the people, cultures, and events that shaped the Middle Ages.

Each week, we'll discuss fascinating stories, surprising connections, and lasting legacies from this remarkable period. Whether you already love history or just want to learn something new, this is a friendly, engaging space to deepen your knowledge and curiosity about the medieval world.



SOC DOC

Soc Docs is all about watching thought-provoking documentaries related to sociology and society. Each week, you'll explore themes that are relevant in the world today and analyse them through a sociological lens.

It's a great way to deepen your understanding of contemporary issues, reflect critically, and discuss ideas with others in a friendly, engaging environment.

FOCUS CLUB

A calm, quiet space for students who prefer to use their enrichment time to study, revise, or complete coursework. Whether you're preparing for exams or just want a dedicated time to concentrate, this is the perfect environment to stay on track without distractions. No pressure, no noise—just time to focus on your goals.





CREATIVE ARTS AND VISUAL EXPRESSION



BEGINNERS BOBBIN LACE MAKING

Want to try a different textile craft? It is weaving technique, using bobbins and thread supported on a 'Pillow'. Bobbin Lace making is a heritage craft, used to create fashion items that were desirable and very expensive.

This course brings a modern twist to an old craft. You will learn the basic methods needed to make a few small colourful motifs to embellish your clothes. Or make a 3D object or wall hanging. All equipment and materials are provided. If you want to learn a completely different and absorbing craft, this enrichment course is for you.

CRAFTING FOR COMMUNITIES

Collaborating with a local community charity we will provide sewn items that will be donated to a range of settings including hospitals, Acorn Children's Hospice, local care homes and the emergency services. Items may include heart pairs, sensory mats, marble mazes, Warren bears and small tote bags. No previous experience is needed, just enthusiasm to learn and develop new skills whilst making items that make a difference to people in our local community.



FIRST IMPRESSIONS

Have you ever considered trying Lino Printing?

This ancient relief printmaking technique, used by artists from ancient Egypt to the Chinese Song dynasty, remains popular today for creating beautiful and captivating artworks. Lino, a soft rubber-like material, can be carved into to make unique artwork, patterns, and illustrations.

In this enrichment, you'll learn how to transfer your own imagery onto paper using the lino printing process. You'll sketch your designs, transfer them onto lino, ink them up, and print using various methods, including a wheel-driven etching press. No prior art experience is needed – it's all about having fun and trying something new. Unleash your inner artist and give it a go!

FIGURE DRAWING 101

This club aims to provide an introduction to drawing the human figure and tackling some of the more challenging aspects of figure drawing. Sessions will focus on drawing the head and face, drawing hands, proportions in the figure, understanding the figure, etc. Basic equipment will be provided, and the club is open to anyone who is interesting in learning or improving their skills in this area.

MAKE YOUR MARK – KING ED'S ART CLUB

Whether you're an experienced artist or just starting out, this club is for you! Over 8 weeks, we'll explore themes, experiment with exciting art techniques, and develop artworks for a college exhibition. You might even be selected for the national Sixth Form Colleges Association Art Exhibition.

If you have burgeoning talent, creativity, and a passion for making art, this is the perfect club for you! Unleash your imagination and create something amazing.



CLAY JEWELLERY MAKING

There is something soothing and therapeutic about making jewellery. It can help you to relax and switch off allowing you to forget your troubles.

Whilst this club can help with mindfulness we invite you to unleash your inner designer make versatile, bespoke jewellery to match your style or gift to your friends.

KNITTING

Knitting Club is for anyone who is interested in making things with yarn and needles. If you're a beginner, we can get you started with casting on and learning basic knits and purls, so you can embark on your first project, like a cosy hat. Making something yourself can give you a real sense of accomplishment, and knitting has been shown to be great for relaxation, improving focus, and supporting your overall well-being.

If you already enjoy knitting, then Knitting Club is also for you. Bring along your current project and unwind with some peaceful knitting time during the college day. We can inspire each other with our works in progress, chat about future plans, and help each other tackle any knotty problems.

Knitting is a wonderful way to de-stress, boost your mood, and take time out just for you.

Everyone welcome!




PEBBLE & GLASS ART

Looking for a relaxing and creative way to spend your enrichment time? Join us for Pebble Art, where you'll explore a variety of materials and techniques to create beautiful, bespoke pieces of art.

Each week, inspired by demonstrations you'll have the chance to work at your own pace, producing unique designs that can be completed in a single session or developed over several weeks—it's completely up to you.

During the term, we'll guide you through making Inspirational Word Pebbles, Pebble Pets, Fairy Houses, Diamond Art, Mandala designs, and framed pebble art. Whether you're an experienced crafter or a complete beginner, you'll find plenty of inspiration and encouragement here.

CALLIGRAPHY



Discover the art of beautiful writing! In Calligraphy Club, you'll learn how to create elegant letters and decorative scripts, from classic styles to modern designs.

Whether you're a complete beginner or already have some experience, this is a relaxing, creative space to practice your skills, try different tools and inks, and produce your own stunning pieces—like cards, quotes, and artwork to keep or share.

Take time out from your day, unwind, and let your creativity flow, one stroke at a time.

Everyone welcome!



CROCHET FOR BEGINNERS

Learn how to crochet, starting with the absolute basics, building up to develop some of your own projects. Learn basic stitches like slip stitch, single, double and treble crochet and some more decorative stitches. Starting with a basic granny square and building up to making blankets, hats, scarves and potentially animals!


PHOTOSHOP DIGITAL ART

Explore the world of digital art and graphic design using Photoshop. Develop your skills in composition, colour, and visual storytelling while creating your own characters, environments, and artwork. This club is ideal for anyone with an interest in art and design—some basic graphics knowledge is recommended. Unleash your creativity and take your digital art to the next level!

SHELF INDULGENCE

If you love books, stories, and all things literary, this is the club for you! Each month we'll get together to discuss a chosen book, share ideas, and explore different perspectives. On the other weeks, you can join in with creative and bookish activities—like trying your hand at creative writing, making bookmarks or decorating notebooks, swapping your favourite reads, or testing your knowledge in a literary quiz. Whether you're a passionate reader, an aspiring writer, or just looking to connect with others who love books, Shelf Indulgence is the perfect place to relax, create, and share your love of reading.





PERFORMING ARTS AND MEDIA



COLLEGE PODCAST

Be the Voice of Change and Join Our Podcast Team!

Are you passionate about making a difference? Do you love sharing your ideas and experiences? Then we want YOU to be part of our exciting new podcast. Join our dynamic team and:

- Share your unique perspective on college life, study tips, and more
- Interview inspiring guests and explore diverse topics
- Collaborate with fellow students to create engaging content
Amplify your voice and connect with a wider audience
- No prior experience necessary – just bring your enthusiasm and creativity!

Ready to make your mark and shape the future of our podcast? Don't miss out on this incredible opportunity!

If you want to join the podcast, please complete the expression of interest within the impact on the college portal or complete the application form [here](#).

Want to check out the podcast to see it for yourself?

Click the [link to listen on Soundcloud](#)



MUSIC AT KING ED'S

We welcome both music and non-music students into our busy music enrichment programme, which consists of a range of larger staff-led ensembles and smaller student-led groups. There are several concerts throughout the year at which students are expected to perform, both in college and externally. In a typical year we put on an Autumn Concert, Christmas Carol Service, Chamber Concert, Band Night and Summer Concert. Large groups are scheduled in a timetable block, so there is no need to stay behind college (other than for concerts)

LARGE STAFF-LED ENSEMBLES

Our large ensembles are active in the autumn and spring terms and participate in a range of performances up until the beginning of the summer term. Choir and all orchestras are open to all with NO AUDITION.

CHOIR (WEDNESDAY 12.15)

A large group of about 70 students, performs a wide range of music at the college's major concerts, including the annual Christmas Carol Service. We start the year with some short, easier pieces and work up to a big project for the summer. There are no auditions and no limit on numbers. While we use sheet music, you don't need to be a fluent reader—just come along and join in!

Please note – a Chamber Choir will be formed by audition later in the autumn term. Chamber Choir members sing in both choirs

WIND BAND (Friday 08.45)

All wind and brass players are welcome to join our large wind band. No auditions are needed, and there's no limit on the number of members. Come along and enjoy playing a wide range of lively music, including many well-known songs from pop and film. Recently, we have played music from Les Misérables, The Incredibles, ABBA, and Disney.

STRING ORCHESTRA (Friday 08.45)

We play a mix of mostly classical music and also accompany the choir for some pieces. Members of the String Orchestra also join the main orchestra at 10:00am. Anyone can join, but you need to be Grade 5 or higher to participate. There might be a short, informal audition to help decide your seating position.

Recently, we have played music by Grieg, Faure, Vivaldi, and "Driving Test" from How to Train Your Dragon

ORCHESTRA (Friday 10.00)

Strings, winds, and brass come together in the second half of Friday morning to play a range of classical and other repertoire. Recently, we have performed music by Tchaikovsky and Dvorak, provided orchestral accompaniment for Saint-Saens' Carnival of the Animals, and played the opening numbers from Orff's Carmina Burana.

SMALLER STUDENT-LED GROUPS

Students are encouraged to form a variety of smaller classical and rock/pop ensembles.

We typically have student bands, string quartets, wind groups, and more. Bands prepare for a Band Night in March. During the autumn term, we help students establish and regularly rehearse their bands or ensembles, which can then count as their formal enrichment in the spring term. We'll have a meeting in the first few weeks of term to organise this, accommodating student schedules. We provide two band practice rooms with equipment, but students need to bring their own guitars and leads.



DANCE AT KING ED'S

All students can audition for the college Dance Company. The company rehearses weekly to learn exciting, challenging repertoire in a variety of dance styles, which are performed to a very high standard. Through joining the Dance Company there will be plenty of opportunity for performance, both within college and beyond, including the college's annual dance show, national competitions, and local festivals.

To be considered for the Dance Company, you will need to be available on a Wednesday afternoon. If you do not have Wednesday afternoons free you can still audition and we will rearrange your timetable if you are successful. Please just inform your teacher in advance.

Please note enrolment on this enrichment is through audition only.

Auditions will be held on Wednesday 10 September
13.45-15.15 in the Dance Studio.

You do not need to prepare anything in advance.
Successful squad members will be informed
by Tuesday 17 September and
rehearsals will begin on
Wednesday 18 September.



PRE-REGISTRATION REQUIRED

DRAMA AT KING ED'S

Our performances take place in early December, and everyone is welcome to audition – you don't need to be a Drama student! If you love performing, we want to see you on stage. We're also looking for creative students to support behind the scenes – from marketing and promotion to poster design and more.

Rehearsals will mainly take place during F Time:

- Tuesdays & Thursdays (11.10–12.45)
- Wednesdays (1.45–4.00)

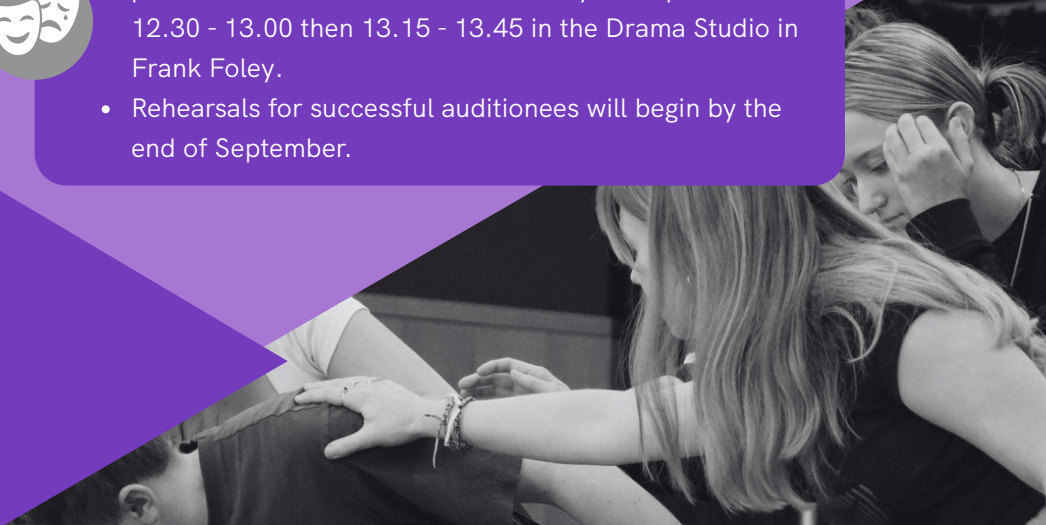
Can't make those times? Don't worry – you can still audition! If you're cast, we'll look at adjusting your timetable. Just let your teacher know in advance.

Additional rehearsals will run during Enrichment and after college, with the schedule built around cast availability. Larger roles will require more commitment.

Make sure you attend the production meeting to hear about key dates and rehearsal expectations. Some rehearsals – especially near show week – will be essential, so come along to find out more!

How to Get Involved:

- An initial briefing meeting with details about the production will be held on Wednesday 10 September at 12.30 - 13.00 then 13.15 - 13.45 in the Drama Studio in Frank Foley.
- Rehearsals for successful auditionees will begin by the end of September.



QUEER FILM

Come watch and study queer films while we talk about the history of the genre as well! We'll watch films such as *Breakfast on Pluto* (2005) and *Brokeback Mountain* (2005) while we also discuss the history of queer films throughout the years and how they came to be today.

TASKMASTER

Inspired by the hit TV show, Taskmaster is our fun and unpredictable enrichment where no two weeks are the same! Working in small teams, you'll take on a new challenge each week—some creative, some silly, some downright puzzling—all designed to test your teamwork, problem-solving, and quick thinking. Compete for points, glory, and bragging rights as you try to impress the college Taskmaster. Expect laughs, surprises, and a whole lot of fun!

WHODUNNIT

Are you a keen watcher of crime dramas and documentaries? Do you love a murder mystery? The Criminology department are running WHODUNNIT? An enrichment activity where you will explore fictional crime cases and aim to uncover the killer. We will also watch short films, play crime related games and conduct some forensic experiments.

MURDER MYSTERY BOOK AND FILM CLUB

If you love suspense, secrets, and solving puzzles, this is the club for you! Each week we'll read, watch, and discuss gripping murder mystery stories by classic and modern authors like Agatha Christie, Arthur Conan Doyle, and P.D. James. Join fellow mystery lovers to uncover clues, debate suspects, and piece together the perfect whodunnit. A must for fans of thrilling twists, clever storytelling, and all things crime fiction!



WELLBEING AND PERSONAL GROWTH



PRE-REGISTRATION REQUIRED

FAA LEVEL 3 EMERGENCY FIRST AID AT WORK

This fun, practical first aid course will provide you with the confidence, skills, and abilities to treat first aid incidents such as CPR (including defibrillation), bleeding, choking, seizures and more.

On successful completion of the course, you will receive a Level 3 Award in Emergency First Aid at Work. This qualification is recognised within the workplace as well as sports clubs, holiday groups and DofE etc.

If you want to be considered for this course, please can you complete the expression of interest [here](#).

Please note this course runs for 4 weeks from 09.00 – 11.00 on the following Tuesdays in November, 4th, 11th, 18th and 25th. You must ensure you are free at these times and have no lessons clashes in order to be considered for this course.

The same course will run in the spring term on a different day.



LIFE SKILLS – WITH BARCLAYS BANK

Prepare for the future with confidence by joining our Life Skills Club, delivered in partnership with Barclays. This supportive and interactive programme is designed to help you develop the tools you need for life beyond college. Whether you're planning to move into employment, further education, or university, this club will help you explore your next steps and make informed decisions.

You'll build key employability skills, improve your money management, and learn how to set and achieve personal goals. The sessions will also focus on building confidence, resilience, self-esteem, and motivation—empowering you to take control of your future. A fantastic opportunity for any student looking to grow personally and professionally.

BRITISH SIGN LANGUAGE

This basic course will teach you to communicate in British Sign Language (BSL) and to learn about the Deaf Community. You will learn how to finger spell your name and exchange information about yourself. We will also cover a range of every day topics in British Sign Language and by the end of the course to be to hold a basic conversation in BSL.

QUIZZARDS

Think you've got what it takes to be a quiz champion? Join our brand-new Quiz Club and put your knowledge to the test! From pop culture to science, sport to history—no topic is off limits. Come along for some fun, friendly competition and the chance to win small prizes. Open to all students—no experience needed!



BRICK AND BOARD

Discover Social Enrichment at Its Best!

Join us each week for a relaxed and fun session where you can enjoy board games, LEGO, and LEGO Dots. Whether you're a fan of classic games or love getting creative with building and design, there's something here for you.

It's a great way to meet others with similar interests in a friendly, welcoming environment. Share a laugh over a game, work together on a LEGO build, or simply enjoy some time away from the pressures of college life.

Perfect for making new friends, trying something different, and being part of a creative and sociable community—come along and get involved!

CHESS CLUB

Calling all strategic minds! Join our Chess Club to sharpen your skills, challenge your peers, and enjoy a relaxed but competitive atmosphere. Whether you're a total beginner or a budding grandmaster, all levels are welcome.

A great way to improve focus, patience, and problem-solving—one move at a time.



MINDFULNESS COLOURING

Take a break from the busy college day and unwind with Mindfulness Colouring. This relaxed, drop-in session is the perfect way to de-stress, reset, and enjoy some quiet time. All materials are provided—just bring yourself and enjoy the calm. Colouring can be seen as a form of meditation. When you meditate, your brain enters a relaxed state by focusing on the present and blocking out constant thinking. As a result, you reach a state of calm that helps relieve your brain from its daily stresses. No artistic skills are needed—just a willingness to pause and recharge.



YOGA

Looking to Feel More Energised and Calm?

Do you need to de-stress and find calm away from life's pressures? Then this might be just what you need.

Yoga offers tools and practices—like meditation, breath work, and movement—to help you feel more balanced, strong, and flexible, both mentally and physically.

Each session is held in a friendly, non-competitive environment where everyone is welcome. Come along to build strength, boost your energy, and find a little joy in the moment.

REFLECTIONS WELLBEING

A relaxed and supportive space to check in, reflect, and build tools to help you manage college life. We'll start with an introduction to Reflexions and how we can support you, then explore topics like managing change, looking after your mental health through the 5 Ways to Wellbeing, and dealing with exam stress.

As the group develops, sessions will be shaped around what you need—whether that's support, strategies, or simply space to breathe.

Everyone welcome.





FAITH IDENTITY AND SOCIAL AWARENESS





CHRISTIAN UNION

The Christian Union is open to anyone who wishes to attend. Meeting weekly, we have a programme, which sometimes has visiting speakers who are Christians. We sometimes share in a bible study or take time to share what it means to be a Christian.

ISLAMIC SOCIETY

The Islamic society is a religious study and worship group open to anyone who is or is interested in Islam. Meetings are a mixture of talks and prayer led by students. A range of speakers present so it is a good opportunity to learn and share.

SIKH SOCIETY

The 'KEDST Sikh Society' is a student led group, which welcomes all students. The aim of the society is to integrate Sikhi both within our academic life and in general.

Activities will include:

Talks - Open debates - Kirtan events - Sports - Naam Simran - Seva opportunities - Hukamnama talks + more.

AFRICAN CARIBBEAN SOCIETY

We aim to provide a safe space to discuss, share and celebrate diverse cultures that exist across Afro-Caribbean backgrounds.

Within the group we explore the interests of our members, from music to dance to food or culture and more.



LGBTQIA+

The LGBTQIA+ group is an inclusive group for anyone who identifies with (or is an ally to) the LGBTQIA+ community, which we are defining as lesbian, gay, bisexual, transgender, intersex, asexual, non-binary, queer, or questioning. We also recognise that some may define gender and sexuality in other ways. We aim to create a friendly, vibrant, supportive, and creative group who will work together to arrange activities, events and share ideas and information with the college community.

RAINBOW READS

You don't have to come out to come in!
A book group focusing on LGBTQIA+ Young Adult books.
Sharing a love for reading and a safe space to discuss
the themes and topics within the books.
Please email with natalie.perry@kedst.ac.uk if you
want to be part of this group.

RAINBOW CAFE

Whilst this isn't an enrichment you can register for the rainbow cafe is linked to the LGBT club and meets once a month, providing a friendly space to chat, chill, and connect with like-minded LGBTQ+ students.

Enjoy good vibes, great convo,
and a welcoming community.





LEADERSHIP, VOLUNTEERING AND SOCIAL IMPACT



ENVIRONMENTAL LEADERSHIP PROGRAMME

The Environment Leadership Programme is a course run by the Leadership Skills Foundation, in collaboration with the WWF and the RSPB.

This course is for anyone with a passion for the environment, conservation, protecting our natural world and wanting to make a real difference.

It presents an exciting new opportunity, a recognised qualification worth 8 UCAS points. By participating in this program, you'll refine your leadership abilities through planning and executing a project of your choosing, aimed at improving either our local natural or urban environment.

Over a 10-week period, you'll complete a series of small assignment tasks, providing evidence of various aspects of your chosen project, whilst receiving guidance from college staff.

Achieving this qualification will demonstrate your passion for the natural world beyond your studies, highlight your organisational and leadership skills, and serve as a strong addition to any personal statement or future application.

With limited places available for only 15 students, you'll receive personalised support from college staff in the Biology and Geography departments.



 Leadership
Skills
Foundation

DUDLEY YOUNG HEALTH CHAMPIONS

A Dudley Young Health Champion is someone aged 11-25, who is trained to become a champion in their setting to raise awareness around a range of health-related topics such as healthy living, mental health, and emotional wellbeing.

A DYHC acts as a champion in your setting to promote and help other Young People through peer-to-peer support, promoting healthy lifestyles and by acting as their voice to speak up on issues that affect you.

As a DYHC you will also be given the opportunity to feedback and be involved with projects that will help shape the future of Dudley health services for Young People, working with key decision makers in the area.

SPRING
CLUB

PROJECT GAMBIA

This enrichment programme will run in the spring term and could lead to a trip to The Gambia in 2027 for those interested (however the trip is not compulsory.)

Students will meet with the charity founders and help support the work of Project Gambia, a registered charity that works with some of the poorest communities and schools in The Gambia. Through the programme you will develop an understanding of how UK charities work in partnership with the developing world

In the sessions you will learn about the history and culture of The Gambia, consider the practicalities and ethical issues charities face in their work as well as having a hands-on experience in the day-to-day work of Project Gambia. You will be producing resources for use in schools both in the UK and The Gambia and help us to develop our social media profile.

At the conclusion of the programme there is the opportunity to travel to The Gambia to volunteer in schools, visit projects and experience first-hand what life is like in a developing country.

INTERACT

Interact is a charity group operating within King Ed's and is linked to the Stourbridge Rotary Club. Interact is designed to encourage service amongst a younger cohort of people, fostering your active interest in the community, and offer opportunities for you to develop as leaders.

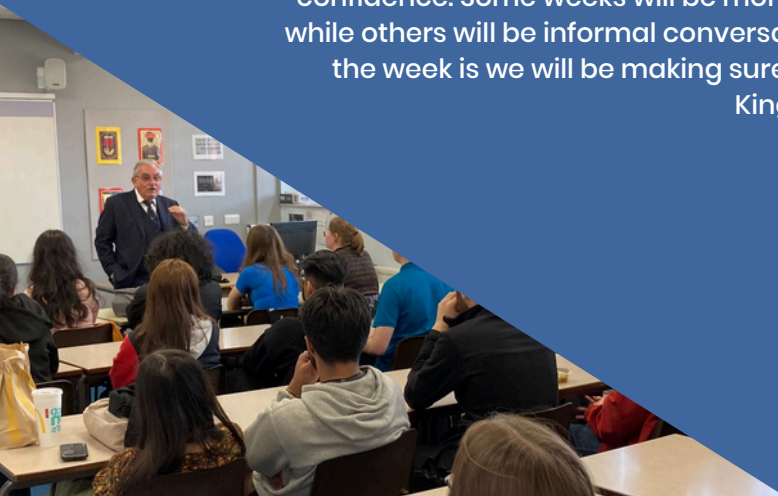
The club will give you an opportunity to show your humanitarian and philanthropic qualities, improve your competencies and provide you with a chance to lead and organise your own projects or fundraisers for a charity of your choosing, even one with personal relevance for you.



CAKE – CONVERSATION @ KE

Conversations at King Ed's (CAKE) is the re-branded Debating Society. It is a chance to practice not only your debating skills but also your public speaking and small group speaking skills. There will be a mixture of events from external debating competitions to public speaking events.

The whole point of CAKE is to get talking and grow your confidence. Some weeks will be more formal debates while others will be informal conversations – whatever the week is we will be making sure that students at King Ed's are talking!



DUKE OF EDINBURGH – GOLD

Whilst DOE is available to our students it only counts towards your enrichment allocation in the spring term.

The DOE Gold Award is open to all students and you have until your 26th birthday to complete it. A nationally recognised award, it is highly regarded by all institutions. It comprises of five sections and you may already be doing some of the activities.

You need to undertake a skill, a physical section, some volunteering, an expedition and a residential. The choice for each section is yours. College does offer and organise an expedition for you as this is arguably the hardest and most challenging section to complete.

Doing the DOE teaches you team work, encourages participation and allows you to investigate new activities and possibilities. You will make new friends and develop many new skills but above all it should be fun. Many students go on to complete their Gold Award after leaving College whilst some complete whilst they are with us.

The choice is yours. It is a flexible program which you design to suit you!



PEER MENTORING PROGRAM

Start Sixth Form with support on your side!

Joining a new college can feel overwhelming — but you don't have to go it alone. Our Peer Mentoring Program connects you with a Year 13 student who's been in your shoes.

With a mentor, you can:

- **Meet new people** – feel part of the KEDST community from day one
- **Ask questions** – about subjects, college life, or anything you're unsure about
- **Have a support network** – someone to listen, check in, and guide you

It's informal, friendly and totally flexible — just support when you need it.

Interested in having a mentor?
Come and find out more at the Mixer
on
Wednesday 10 September

1

SUPPORT

2

KINSHIP

3

CONNECTIONS





SPORT AND PHYSICAL ACTIVITY



SPORT AT KING ED'S

If you are interested in participating in a college team sport at King Ed's, you will need complete the questionnaire sent on email from the college. This will ensure you are kept free on a Wednesday afternoon, which is when the sports teams meet and play.

COLLEGE TEAMS

King Ed's offers competitive sports teams for:

- Rugby
- Football (men's and women's)
- Volleyball (men's, women's and mixed)
- Golf
- Netball
- Cricket (available 2026)

All of these participate within the AoC Sports leagues in local, regional, and national leagues.

ONE-OFF REGIONAL AND NATIONAL QUALIFICATION COMPETITIONS ARE ALSO OFFERED IN:

- Basketball
- Volleyball
- Hockey
- Tennis
- Table tennis
- Badminton
- Cross country
- Swimming (ESSA regional and national champs)

All AoC competition details can be found on the AoC noticeboard in the sports entrance foyer in Henry Hickman.

WHAT IS EXPECTED OF ME IF I JOIN A COLLEGE SPORT?

- Attend Wednesday afternoon fixtures
- Purchase squad hoodies / kit
- You are expected to attend every fixture unless injury or another extenuating circumstance prevents you from doing so. Any absences must be agreed with the squad coach 48 hours prior to the fixture

SPORTS TRIALS

Sports trials for the college teams will take place on Wednesday 10 September (details below) please ensure you are free to attend these sessions as this will be the only opportunity to try out and be selected for the college teams.

Activity	10 Sept	24 Sept	Location and Timing	Staff
Men's Football	Y12 and Y13	FIXTURE	Greenfields DY8 2LQ Meet outside reception gates at 12.00, transport to return to college at 15.15	SW
Women's Football	Y12 and Y13			PS
Men's and Women's Rugby	Y12 and Y13		Stourbridge RFC Meet outside reception gates at 12.30, transport to return to college at 15.00	DK
Netball	Y12 and Y13		Crystal Leisure Centre meet at reception 13.15	KS



RECREATIONAL SPORT

The PE department is strongly geared towards promoting the enjoyment of physical activity and we provide the opportunity to participate at your own level of performance i.e., a 'turn up and play' approach. Our Resistance Suite offer you onsite access to help maintain a healthy balanced lifestyle.

Flexible use of the Crystal Leisure Centre also allows the opportunity for recreational Basketball, Badminton and 5-a-side activities on Wednesday and Thursday afternoons.

Please note if you are successfully chosen to be part of a King Ed's sport team, you are exempt from enrichment and do not need to register for any additional activities.

RESISTANCE FITNESS SUITE

Our resistance fitness suite is open to all students at different times throughout the week.

Featuring a variety of cardio equipment, free weights, resistance machines and floorspace, students are welcome to come and take advantage of the space. You will need to undertake an induction before training and the suite is only open at specific times because of Health and Safety.



BADMINTON

Fast-paced, fun, and a great way to stay active—Badminton is open to all skill levels, whether you're a seasoned player or picking up a racket for the first time. Come along each week to enjoy friendly games, improve your technique, and take a break from the classroom.

Spaces are limited, so early sign-up is essential. All equipment provided—just bring your energy!

AN INTRODUCTION TO MARTIAL ARTS

Learn the fundamentals that will give you the awareness needed to put yourself in safe hands. Building strength, speed, coordination, and self-protection knowledge.

No previous Martial Arts or fitness experience is required. This beginner's course is designed to take individuals with no experience at all to feeling more confident, aware and able bodied.

Our Dojo (Martial Arts Studio) is a private and purpose-built room, on Stourbridge High Street. All training equipment will be provided. All students need to wear is something loose and light to exercise in. The training mats make it very safe so no footwear will be worn during training.

5-A-SIDE FOOTBALL

Imagine yourself playing in a lively, friendly atmosphere where you can meet new people who share your love for football. This enrichment is all about having a great time, with regular meet-ups at the Crystal Leisure Centre for casual matches, practicing your skills, and simply enjoying time on the pitch. Whether you're an experienced player or just starting out, our football community welcomes you.



BASKETBALL

Our recreational basketball enrichment is all about enjoying the game you love and meeting new people who share your passion for basketball.

Whether you're a seasoned player or just starting out, our basketball enrichment will allow you regular meet-ups at the Crystal Leisure Centre for casual games, shooting hoops, and enjoying time on the court.

PROFESSIONAL SNOOKER COACHING SESSIONS

Playing at the Stourbridge Institute on Bell Street, you'll have access to nine full-size snooker tables, including two match tables.

Throughout this 8-week course, you'll receive expert coaching from a WPBSA Professional Snooker Coach.

This course will help you learn and improve your skills and techniques. It doesn't matter if you're a beginner or already know how to play - everyone is welcome!


As you advance through the WPBSA Program, you'll see your abilities grow.





BEYOND THE ENRICHMENT WINDOW





Some opportunities don't fit within the main enrichment window—but that doesn't mean you have to miss out! This section includes clubs and activities that run during the summer term or are available exclusively to Year 13 students.

Whether you're looking to explore a new interest, prepare for life after college, or just make the most of your time here, there's still plenty to get involved in. Keep an eye out for sign-up details and announcements throughout the year!

CHEMISTRY OLYMPIAD

Take part in the leading chemistry competition for secondary students across the British Isles.

Designed to challenge and inspire, the UK Chemistry Olympiad is a unique opportunity for students to push themselves further and excel in the chemistry field.

Budding chemists will develop critical problem-solving skills, learn to think more creatively and get a chance to test their knowledge in new, real-world situations. They could even find themselves representing the UK at the prestigious International Chemistry Olympiad.

This is aimed at students likely to achieve A or A*

PHYSICS OLYMPIAD

Are you planning to study engineering or physics at university? The Physics Olympiad is perfect for you! While it's ideal if you're taking both Maths and Further Maths, even single A-level Maths students can participate. This program is designed to stretch and challenge your understanding of physics.

We'll cover advanced Year 13 material to prepare you for the two Round One papers in November. It's also great preparation for OXPAT entrance for physics and STEP Maths for Cambridge, though you don't need to be taking these exams. Dive deep into the world of physics and push your limits with the Physics Olympiad!

LNAT

Weekly Workshops will take place to help prepare for this National Admissions Test for Law (LNAT).

The LNAT is used by a small group of high-ranking universities to help them select people for their undergraduate law courses. The test doesn't test your knowledge of Law or any other subject. Instead, it helps universities assess your aptitude for the skills required to study Law.

LNAT is used in collaboration with other admissions processes such as UCAS application and academic qualifications. It is a two-part test: multiple choice questions based on passages of text, and an essay.

Any student applying to study Law at any of the following universities, will need to sit the Law National Admissions Test as well as their A levels: Oxford, Cambridge, Bristol, Durham, UCL, Kings, LSE, SOAS and Glasgow.

Please email fiona.shaw@kedst.ac.uk if you would like to be considered for this course. Please note this is only available for Y12 students in the summer term.

BIOLOGY OLYMPIAD

The British Biology Olympiad (BBO) challenges and stimulates students with an interest in biology to expand and extend their talents. It enables students to demonstrate their talent and to be suitably rewarded with publicly recognised certificates.

Students will be presented with topics and ideas which they are not familiar with, so will compete with their problem solving skills and understanding of core principles.

This is aimed at students likely to achieve A or A*





ASPIRE

King Edward's has a strong track record of helping students progress to competitive universities and high-achieving careers. The Aspire Programme is designed for highly motivated students, offering a range of activities and opportunities to challenge, support, and inspire.

WHAT ASPIRE OFFERS:

- **Specialist Timetabled Sessions** – These can take the place of enrichment and are designed to develop critical thinking skills and encourage interdisciplinary learning. Topics include revolutions, conspiracies, assumptions, and ethics, allowing students to explore ideas from different perspectives.
- **A Supportive Academic Community** – Engage with like-minded peers and connect with ex-KE students currently studying at institutions like Oxford, Cambridge, Imperial, UCL, and Edinburgh.
- **Expert UCAS Support** – Gain early and detailed guidance on applications to high-tariff universities, including support for early entry applications and visits to Oxbridge colleges, with talks from Admissions Tutors.

Aspire is designed to push boundaries, broaden perspectives, and prepare students for top-tier universities—all while allowing flexibility in how they engage with the programme.

EXPLORE YOUR FUTURE WITH KING ED'S CAREERS PATHWAYS!

Why not join one of our specialised Careers Pathways and unlock a world of opportunities tailored just for you?

Interested in Business, Creative Arts, Healthcare, Law, STEM, Teaching, or alternatives to university? Our specialised Career Pathways are designed to help you explore your passion and prepare for your next steps.

Each pathway offers exclusive access to trips, guest speakers, university visits, hands-on activities, and work placements—all tailored to your chosen field.

Check your college email for sign-up info or visit our website to get started.

Choose your pathway and start your journey with King Ed's today!

The areas currently covered are:

- Alternatives to University
- Business and Finance
- Creative Arts and Media
- Education
- Engineering, Maths and Science
- Languages and Global Communications
- Law, Politics and Society
- Medicine and Healthcare
- Sports and Physical Performance
- Technology, Computing and Digital Innovation

[Register here](#) to be kept informed about all relevant pathway opportunities.





KING EDWARD VI

Subject Ambassadors

OUR SUBJECT AMBASSADOR SCHEME OFFERS A UNIQUE ROLE TO A SELECT GROUP OF YEAR 12 STUDENTS, PROVIDING A PLATFORM TO SHINE.

IT ALLOWS YOU TO:


Engage with prospective and current students



Represent your subject at key events



Share experiences and insights



Students will be invited to apply to become Subject Ambassadors in late November. Further details will be shared via student briefing.